



TREATMENTS FOR MEN

FACIAL THERAPY GUINOT

TRES HOMME - Created with men in mind, will leave skin refreshed, cleansed and hydrated.
55mins £63.00

HYDRA LIFT EXPRESS - The ultimate in anti-aging, this treatment uses the best in Guinot technology to help firm and tighten the skins muscle tone.
50mins £66.00

DECLOR

INTENSE ENERGISING FACE TREATMENT - To restore pure, clean skin and a balanced, de-stressed complexion.
1hr 10mins £73.50

MD FORMULATIONS

GLYCOLIC PEEL (DEEP RENEWING TREATMENT) - A unique treatment which eliminates dead skin build up, leaving skin deep cleansed and brighter with more improved levels of hydration and elasticity. Please note that for this treatment you need to prepare your skin with MD Formulation products two weeks prior to treatment.
40mins £64.00
Course of 6 £329.00

ALPHA BETA PEEL - A much more enhanced version of the glycolic peel resulting in deeper rejuvenation and optimum overall life and vitality to the skin, also available as a rosacea treatment. Please note that for this treatment you need to prepare your skin with MD Formulation products two weeks prior to treatment.
55mins £74.50
Course of 6 £402.00

MD MEDICAL SPA FACIAL - A tailor made facial for optimum results
55mins £63.00
Age Lift Peel off Mask add £9.50 to each facial

BEAUTY TREATMENTS

BACK/CHEST WAX £30.50
BACK & SHOULDER WAX £35.00
EYEBROW SHAPING £17.50
MEN'S MANICURE £31.50
PEDICURE £43.00

At the spa we provide an escape, a place of peace and tranquility to help balance and re-energise your mind, body and soul.

MASSAGE AND BODY THERAPY

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| BODY MASSAGE - A traditional body massage designed to ease tension, relieve stress and promote a general state of wellbeing. 50mins | £63.00 |
| BACK, NECK AND SHOULDER MASSAGE - To alleviate the specific areas of stress, tension, aches and pains carried in specific areas. 25mins | £38.00 |
| AROMATIC WRAP RITUALS - ANTI FATIGUE (FLOW) boosts and energises. SILHOUETTE (DETOX) refines, drains toxins. INTENSE FIRING (TONIC) tones and reshapes - These treatments are the ultimate treat for your body for a total transformation. 55mins | £73.50 |
| RED ISLAND RITUAL - A luxurious exfoliation with fruit seeds & spices followed by a delightful relaxing massage, a treatment inspired by the island of Madagascar. 55mins | £61.00 |
| HOT STONE THERAPY MASSAGE - This signature treatment uses a combination of heated stones, Decleor body balm and therapeutic massage techniques. 40mins (back of the body only) 1 hr 20mins (including face) | £54.00 £98.00 |
| DECLEOR AROMA MASSAGE FOR THE FACE - Consisting of neck, shoulder, face, scalp and arm massage 50mins | £59.00 |
| AROMA MASSAGE FOR THE BODY - Combining relaxing massage together with your chosen body balm provides a genuine sense of well being. 50mins 1 hr 20mins (includes face and scalp) | £65.00 £91.50 |

WELLNESS & COMPLIMENTARY THERAPIES

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| SPORTS MASSAGE 25mins 50mins 1 hr 25mins | £42.00 £69.00 £105.00 |
| THAI MASSAGE <i>It is recommended to wear loose comfortable clothing.</i> 25mins 50mins | £38.50 £63.00 |
| SHIATSU <i>It is recommended to wear loose comfortable clothing.</i> 25mins 50mins | £38.50 £63.00 |
| REFLEXOLOGY, ACUPUNCTURE/FRA, COUNSELLING, OSTEOPATHY, PHYSIOTHERAPY, PODIATRY/CHIROPODY, TEETH WHITENING, LASER HAIR REMOVAL - To enhance our members well being these therpaies will be expanded according to our members' wants, desires and needs. Please enquire at the Spa reception for more information and prices. | |

Spa opening hours

Mon-Fri 8am-8pm, Sat 9am-6pm, Sun 10.30am-6pm

Spa: 020 7970 0912 | Main: 020 7970 0900 | reebokclub.co.uk